

## The Word *Aegis*

The golden rule or ethic of reciprocity is a maxim ethical code, or morality that essential by states either of the following.

### • Positive form:

**One should treat others as one would like others to treat oneself.**

### • Negative form: (Also called a silver rule)

**One should not treat others in a way that one would not like to be treated.**

## APPLICATION

**Please Note:** This blend is highly concentrated. It is not diluted by any product it is to be added to water, shampoo, massage oil, hydrosol etc. and its power is actually increased the more it is diluted. Less is more. You do not want to use too heavy a hand and be overwhelmed. When worn this blend is healing not only of yourself but all around you.

• **Perfume** -The very simplest way for a woman to use this is to use as a perfume. Since this blend is a highly concentrated blend of pure essential oils not extended by alcohol or any other product, you use only the tiniest amount - a toothpick dipped slightly into the bottle or just moisten a finger and place it on the earlobes or just under them, on the breast bone over the heart, or on the wrists where it will be quickly absorbed. You can also run your slightly moistened fingers lightly through your hair.

• **Ambient**- You can add a few drops to water and mist your pillow and linens lightly before you go to sleep. Mist the clothes in your closet. Mist yourself and your environment as needed..

• **Potpourri** -You can add a drop of the blend to a bowl of water (or a fountain) and place it near your bedside while you sleep, on your desk or in the center of the room where you will be walking around. The drop of oil will float on the water and extend across the surface increasing its evaporation rate and subtly scenting and healing the environment.



### • SETTING BOUNDARIES

Ideally, in our interactions with others we would like to give them the freedom to behave as they wish. Sometimes, however, their behavior can hurt or even harm us. Even family and friends those that we love - are not always at their best because of illness, stress or any of a number of things that can cause them to lash out at us.

At that point, we have the right to draw the line and to protect ourselves against the inflow of negativity and the situation from escalating.

Anticipating and preventing trouble is very positive use of AEGIS. Prior to business difficult meetings, traveling in unknown areas, visiting in hospitals or people who are very ill, depressed or troubled - there are any number of situations where it is wise and compassionate to all to be prepared.

### GOAL

The first line of protection is to build a center of calm, peace and wisdom within the individual so that he or she can handle attacks of any kind wisely and maturely. To react to an attack with another attack simply adds fuel to the fire and brings out the worst in the other and causes the whole situation to escalate to the detriment of everyone.

The goal is to have the individual build internal elasticity and flexibility - to let things roll right off of their back. This creates the ability to rebound easily and to not wallow in the situation and deepen and perhaps make permanent the wounds by taking what was said or done personally and seeing the attack for what is worth - an error in judgment - a weakness in a point in time - temporary.



UTTATI

Beauty, Wellness and Education

# Aegis

AN ESSENTIAL OILS BLEND TO ADDRESS  
Protect, Guard, Defend & Shield.

The word **Aegis** is identified with by a strong force in the **Egyptian** mythology describe the actions of the Egyptian gods as a means of understanding the cosmos. **Egyptian** myths are meant as a symbol expressing the behavior and essence of the deities in metaphorical term. Each variant

of myth represents a somewhat different symbolic perspective, enriching the Egyptian's understanding of the gods and world. Senses and symbols from myth appeared in art in tombs, temples, and amulets the events in mythology are symbolic of events that take place in the realm of the gods and that, therefore, are beyond direct human understanding the Egyptians also performed ritual for personal goals such as protection from or healing of illness.

### PHYSIOLOGICAL APPROACH

When one beats a drum, when the moisture in the air is thick and dense, the drum's skin becomes soggy, heavy and inelastic and the notes become heavy and dull but when the air is dry and clear the notes are bright and strong.

the first thing we do then, with this blend, is to address the physiological. By affecting the body you also affect the higher and the lower dimensions. Neurochemistry is addressed, first - that which affects the behavioral, emotional and mental.

From this midway vantage point you can go lower into the physical or higher into the spiritual. It is like a gateway or bridge. This is where we rely strictly on the science of biochemistry - no hocus pocus.

### SPIRITUAL APPROACH

Issue is to create positive goodwill. The best shield and always the best defense comes from within. Now we are starting to see chemically every aspect of emotion - it is two way street.



# Aegis Shield of Zeus



## CHOICE OF OILS

In the literature, you will find information and stories on each of the plants and oils historically, folkloric ally and scientifically that agree on their properties and effects. For example, if you are seeking to create a more meditative state you would look for oils that induce the specific vibration of a beta state of mind such as **Frankincense**. Thus in the creation of any blend, we seek those plants and oils that have been repeatedly shown to create the effects we are looking for.

### AEGIS IN REAL LIFE - OBSERVATIONS OLP

*The wearing of the Aegis and its contents show sponsorships, protections, or authority derived from a higher source or deity. a formula contains 37 different essential oils include:*

- Aloes:**
- Bergamot:**
- Calendula**
- Chamomile Roman:**
- Cistus: Bring up past life and lost memories**
- Juniper Alpine:**
- Juniper Berry:**
- Rose D:**
- Mugwort:**
- Tuberose:**
- Frankincense:**
- Frankincense Ancient.**
- Cornmint:**
- Cypress:**
- Elemi**
- Fennel:**
- Davana:**
- Galangal:**
- Neroli:**
- Rosewood:**
- Thyme:**
- Mimosa:**
- Orris Root:**
- Sage Dalmatian:**
- Ylang Ylang:**

armor, shield, protect, guard, defend. "Shield of Zeus• the protection, backing, or support of a particular person or organization : *negotiations were conducted under the aegis* • (in classical art and mythology) an attribute of Zeus and Athena (or their Roman counterparts Jupiter and Minerva) usually represented as a goatskin shield.

**ORIGIN** early 17th cent. (denoting armor or a shield, esp. that of a god) : via Latin from Greek *aegis* 'shield of Zeus.'

- 1 *he used his shield to fend off blows* Heraldry es-cutcheon; historical buckler, target.
- 2 *a shield against dirt* protection, guard, defense, cover, screen, security, shelter, safeguard, protector.

To help the individual feel safe no matter what attack may come their way - body, mind or spirit. To create a fortress of protection around you, while at the same time helping you to remain in the stable and impenetrable center of your own true divine nature. Simultaneously - like a heat seeking missile - to root out the seeds of negativity within your own nature where outside negativity could find a home, settle and grow.



## Price List

Tester ( 1 ml)	\$ 17.40
Vial	\$ 30.45
2cc /2ml Bottle	\$ 38.10
4cc /4ml Bottle	\$ 72.40
8cc/8ml Bottle	\$ 137.55
Cream Perfume 1/4 Oz	\$ 17.50
Cream Perfume 1 oz	\$ 55.00
Cream Perfume 2 oz	\$ 99.90
Ambient & Body Mist	\$ 50.00

**CAUTION:** Uttati's essential oils are very potent and should never be taken internally. Although essential oils are used in minute quantities, some individuals may experience allergic reactions to them. To test, apply a minute amount to the skin on the top of the hand between the thumb and the index finger or to the skin just below the elbow. In the event of an adverse reaction, apply vegetal oil such as canola or olive, then wash with cold water

**Disclaimer:** The information, opinions, data and statements provided on our Brochure are for educational purposes only and ARE NOT intended and SHOULD NOT be acted upon or represented as a substitute for professional medical advice, diagnosis, or treatment. Always seek professional medical advice from your physician or other qualified healthcare provider for any questions you may have regarding a specific medical condition and, in particular, to discuss both the advantages and risks of complementary and alternative medical treatment

